



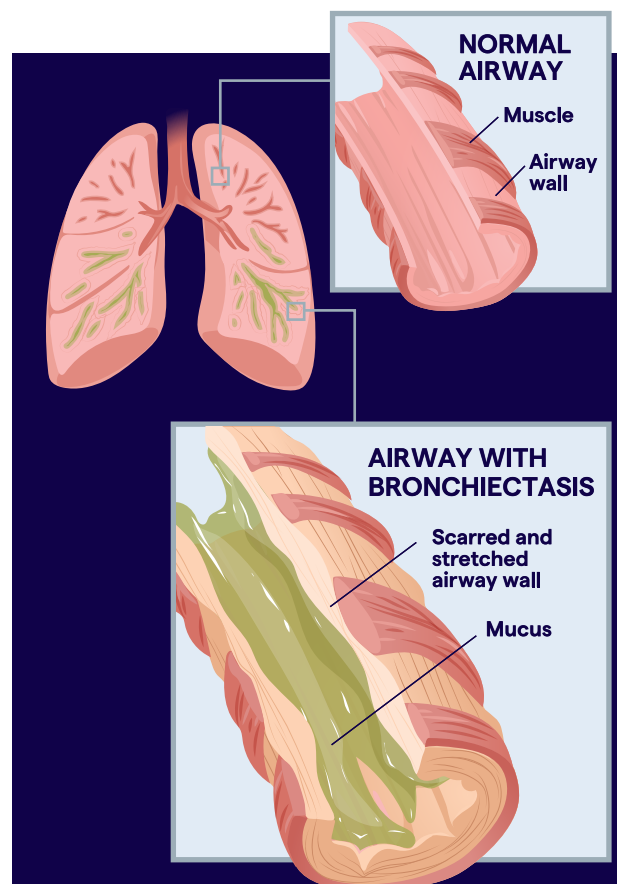
WHAT YOU SHOULD KNOW ABOUT BRONCHIECTASIS

Bronchiectasis (brong-ke-EK-ta-sis) is a condition where damage to your airways causes them to widen and become flabby and scarred. It's usually caused by an infection or other condition that injures the airway walls, or prevents the airways from clearing mucus.

Why you need to take it seriously

Bronchiectasis can lead to serious health problems. If you have bronchiectasis, your airways slowly lose their ability to clear out mucus. When mucus can't be cleared, it builds up and bacteria can grow. This can lead to repeated, serious lung infections.

Those lung infections can cause more damage to your airways. Over time, they can lose their ability to move air in and out.





Could you have bronchiectasis?

Answering a few simple questions can tell you whether you might be a candidate for a diagnostic screening for bronchiectasis. It's important to get that screening, because if you are diagnosed with bronchiectasis, there are things you can do. For instance, your doctor might prescribe Airway Clearance Therapy, a way to remove mucus from your lungs, helping break the cycle of infection.

Check the boxes if you agree with the statement.*

DO YOU:

- Have COPD or another chronic lung disease?¹⁻⁴
- Have a daily cough for the past 3 months or longer?^{3,4}
- Have frequent coughing episodes with mucus in varying amounts that is usually or often thick, yellow, green or discolored?^{3,4}

IN THE LAST 12 MONTHS HAVE YOU:

- Been on at least 2 courses of antibiotics for a respiratory infection or bronchitis?^{1,2,5}
- Been hospitalized for a respiratory or lung infection?¹⁻⁵

SCORING YOUR ANSWERS

If you answered "yes" to three or more questions, talk to your doctor to see if diagnostic screening for bronchiectasis makes sense for you.

Learn more about bronchiectasis (BE) by visiting www.LivingWithBE.com

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References

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Get the most from your doctor visit

It's important to keep your doctor updated on your symptoms, especially any changes in how you're feeling. A good way to keep track of your symptoms is to keep a log. Be sure to tell your doctor if you've been hospitalized since your last visit. You may also want to keep a list of questions to ask when you see your doctor.

SOME QUESTIONS YOU COULD ASK YOUR DOCTOR:

- Could there be something more going on in my lungs causing these symptoms that don't go away?
- I heard about a lung disease called bronchiectasis. What can you tell me about it?
- Does my lung condition put me at risk for other lung diseases, like bronchiectasis?
- Do you think bronchiectasis could be the reason my symptoms aren't getting better?
- Should I get a CT scan to find out if I have bronchiectasis?
- I think I might have bronchiectasis. Should I see a specialist?

* These are sample questions and are not intended to be a medical evaluation, an examination, advice, consultation, diagnosis, or treatment. Talk to your doctor about all medical and health-related matters.