

## Could you have Bronchiectasis?

### A simple screening tool

By answering the questions in this screening tool, you may learn that you could be a candidate for a diagnostic screening for Bronchiectasis (BE).

With the diagnosis of BE, there is more you can do for your respiratory health. A treatment called Airway Clearance Therapy helps remove secretions from your lungs, helping break the cycle of infection — clearing the way for better days.

## Do these symptoms sound familiar to you?

Check the boxes if you agree with the statement.

### Do you have:

- Moderate to Severe COPD<sup>1-3</sup>
- Other Chronic Lung Disease<sup>3-5</sup>

### Have you experienced any of these signs and symptoms in the last 12 months:

- Do you frequently cough up mucus or phlegm?<sup>3-5</sup>
- Do your lungs frequently sound congested?<sup>3,4,5</sup>
- Have you needed antibiotics for respiratory infections more than three times?<sup>1,4,5</sup>
- Have you been in the hospital for a respiratory infection?<sup>1-5</sup>

If you checked three or more of these questions, talk to your doctor to see if you may be a candidate for diagnostic screening for BE.

### Below are a few things you may want to ask your doctor:

- Could there be something more going on in my lungs causing these symptoms that don't go away?
- I heard about a lung disease called Bronchiectasis (BE). What can you tell me about it?
- Do you think Bronchiectasis (BE) could be the reason my symptoms haven't gotten any better?
- Should I get a CT scan to find out if I have Bronchiectasis?

# WATCH Solutions for COPD and Bronchiectasis (BE) Patients

An episode of  
*Healthy Body, Healthy Mind*  
airing on the National Public  
Television Network (PBS)

Check your local listings  
for viewing times or watch  
the program online at  
[www.LivingWithBE.com](http://www.LivingWithBE.com).

HEALTHY BODY  
HEALTHY MIND

Hill-Rom is a leading global medical technology company with more than 10,000 employees worldwide. We partner with health care providers in more than 100 countries, across all care settings, by focusing on patient care solutions that improve clinical and economic outcomes in five core areas: **Advancing Mobility, Wound Care and Prevention, Patient Monitoring and Diagnostics, Surgical Safety and Efficiency and Respiratory Health.** Our innovations ensure caregivers have the products they need to help diagnose, treat and protect their patients; speed up recoveries; and manage conditions. **Every day, around the world, we enhance outcomes for patients and their caregivers.** Learn more at [hill-rom.com](http://hill-rom.com).

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## Diagnosed with COPD or Chronic Lung Infections?

You May Have  
Bronchiectasis (BE)



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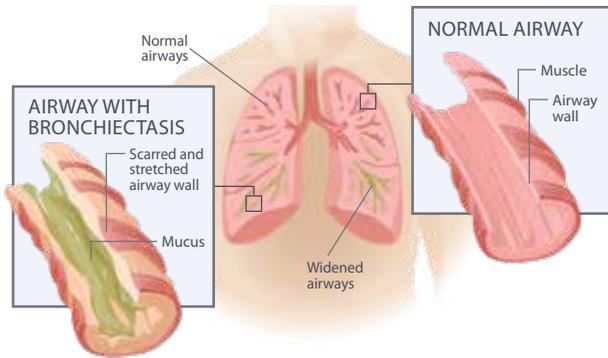
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## What is Bronchiectasis?

Bronchiectasis (brong-ke-EK-ta-sis)(BE) is a disease in which the walls of your airways widen and become permanently damaged. The scarred airways lose their ability to clear mucus out of the lungs. Over time, mucus and bacteria builds up and may lead to serious lung infections. Without the right treatment, this BE cycle is hard to break.



## Study shows it may be more than COPD

A recent study found that out of 855 stable COPD patients, more than 42% also had BE.<sup>4</sup>

**92.7%** of patients diagnosed with COPD

with 2 or more flare ups or 1 hospitalization in 12 months

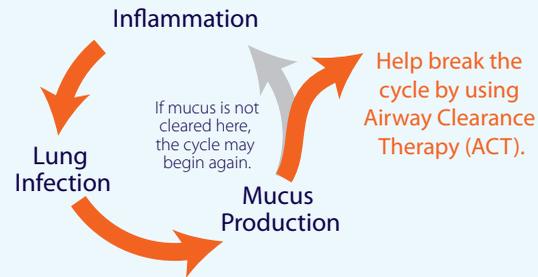
also had Bronchiectasis.<sup>4</sup>

Learn more about BE by visiting:



## Break the Cycle

With Bronchiectasis (BE), your airways slowly lose their ability to clear out mucus. When mucus can't be cleared, it builds up and creates an environment in which bacteria can grow. This may lead to repeated, serious lung infections. That's why it is so important to interrupt the cycle with airway clearance therapy.



Early detection and treatment allows better quality of life for patients and prevents further lung damage.

## Symptoms that may point to bronchiectasis:

- Frequent cough that produces mucus
- Wheezing or whistling when you breathe
- Fatigue and shortness of breath
- History of lung disease
- Frequent respiratory infections

## What can you do?

Knowledge is power. Learning more about BE is the first step to living better. If you think you might have BE, see a doctor. Visit [livingwithbe.com/find-a-provider/](http://livingwithbe.com/find-a-provider/) to locate a physician near you who understands BE and how to treat it.

## Airway Clearance Therapy for Better Quality of Life

Along with antibiotics and other appropriate medications, airway clearance therapies (ACT) provide an effective, safe treatment. One category of airway clearance therapy is "vest therapy" with The Vest<sup>®</sup> Airway Clearance System.



The Vest<sup>®</sup> Airway Clearance System effectively treats all areas of your lungs by creating gentle oscillating airflows that move mucus upward where it is easier to cough out, keeping mucus from building up in your lungs.

## Potential Benefits of Vest Therapy for Bronchiectasis (BE)<sup>6</sup>



### Decrease<sup>6</sup>

- Hospitalizations
- Office, emergency department and hospital outpatient visits
- Prescriptions/Antibiotic use



### Increase<sup>6</sup>

- Improvement in shortness of breath and quality of life
- Significant increase of lung function parameters after treatment



### Good-Excellent<sup>6</sup>

- Reported in ability to clear lungs
- Reported in overall respiratory health

## Airway Clearance Therapies

Although there is no cure for bronchiectasis, early detection and treatment will allow individuals to have a better quality of life and prevent further lung damage.

Improved outcomes have been seen using High Frequency Chest Wall Oscillation (HFCWO) in Bronchiectasis patients. Hill-Rom<sup>®</sup> Respiratory Care offers a number of Airway Clearance Therapies helping clear the way for your patients:

### The Vest<sup>®</sup> Airway Clearance System

Delivers High Frequency Chest Wall Oscillation (HFCWO) therapy and is designed to help patients mobilize retained secretions in the home and acute care settings.



### The Monarch<sup>®</sup> System

Revolutionary new technology. The therapy combines mobility with targeted kinetic energy and airflow to thin and mobilize secretions within the airways. Includes WiFi or cellular connectivity to connect patients with their care team via the VisiView<sup>®</sup> Health Portal.



### The VisiVest<sup>®</sup> System

Provides the same proven therapy as The Vest<sup>®</sup> System, with the enhancement of Bluetooth<sup>®</sup> connectivity. Designed to motivate patients and increase therapy adherence which may lead to lower healthcare costs.



Learn more about Bronchiectasis (BE) and Airway Clearance by visiting:

